

I. Assumptions to avoid:

- “Turn it over to the pros. They know best.”
- My child’s learning style is like mine.
- The entitlement mentality
- Perfectionism
- My child’s success equals my success
- Resentment
- Guilt over child’s disability
- Jealousy

All these are hard to spot in ourselves, so we need friends and time for prayer and reflection.

II. Nurture a Love of Learning

III. Help your child keep going by building character, hope, & self-esteem.

- Accidentally discouraging our children
- What are we trying to encourage
- How to encourage.
- Teaching self-awareness and self-advocacy.

IV. Staying Sane is easier when you are a:

Healthy Teacher
Healthy Parent
In a Healthy Marriage
And a Healthy Family

Resources: Books

Kathy Kuhl. *Homeschooling Your Struggling Learner*. 2009. Available from LearnDifferently.com and Amazon.

Carol Barnier’s books:

- *How to Get Your Child Off the Refrigerator and on to Learning*
- *If I’m Diapering a Watermelon, Then Where’d I Leave the Baby?: Help for the Highly Distractible Mom*
- *The Big What Now Book of Learning Styles*

Amy Baskin and Heather Fawcett. *More Than a Mom: Living a Full and Balanced Life When Your Child has Special Needs*. Woodbine House, 2006.

Melinda L. Boring, *Heads Up Helping! Teaching Tips and Techniques for Working with ADD, ADHD, & Other Children with Challenges*. headsupnow.com

Richard Lavoie. *It's So Much Work to Be Your Friend*, 2005, and *The Motivation Breakthrough: 6 Secrets to Turning On the Tuned-Out Child*, 2007, both published by Touchstone.

Elizabeth Prentiss. *Stepping Heavenward*. A wise old classic, the fictional diary of a woman from age 16 to death. learning to love Christ through her trials and service to her family.

Wayne Rice. *Enjoy Your Middle Schooler*. Zondervan, 1994.

Cathy Steere. *Too Wise to Be Mistaken, Too Good to Be Unkind: Christian Parents Contend with Autism*. Grace & Truth, 2005.

Paul Trip. *Age of Opportunity*. Phillipsburg, NJ: Presbyterian & Reformed, 2001.

Todd Wilson. *The Official Book of Homeschooling Cartoons*, Vol. 1, 2, and 3. and *Help! I'm Married to a Homeschooling Mom*, FM Publishing. familymanweb.com.

On the Web

Carol Barnier, "The Myth of Equal Time," *Virginia Home Educator*:
http://heav.org/assets/files/tvhe/v13_i4/pg_0010.pdf

Carol Barnier's website and e-mailings for those with distractible family members:
sizzlebop.com

Melinda L. Boring: "Children, 'being fair' means giving you what you need when you need it. It would be unfair to treat you all the same."

Melinda and family sell useful books and fun tools at www.headsupnow.com

Sharon Hensley, homeschooling mom of an autistic child and special education consultant serves homeschoolers across the country from her website,
<http://www.almadenvalleychristianschool.com/>

Kathy Kuhl's website, Learndifferently.com: book reviews and an e-newsletter coming this summer.

Judith Munday, a special ed. Consultant specializing in helping homeschoolers, runs
<http://www.hishelpinschool.com/>

Cathy Steere's article, "Kick Off Your Running Shoes,"
<http://heav.org/resources/articles/struggling-learners/kick-off-your-running-shoes.html>